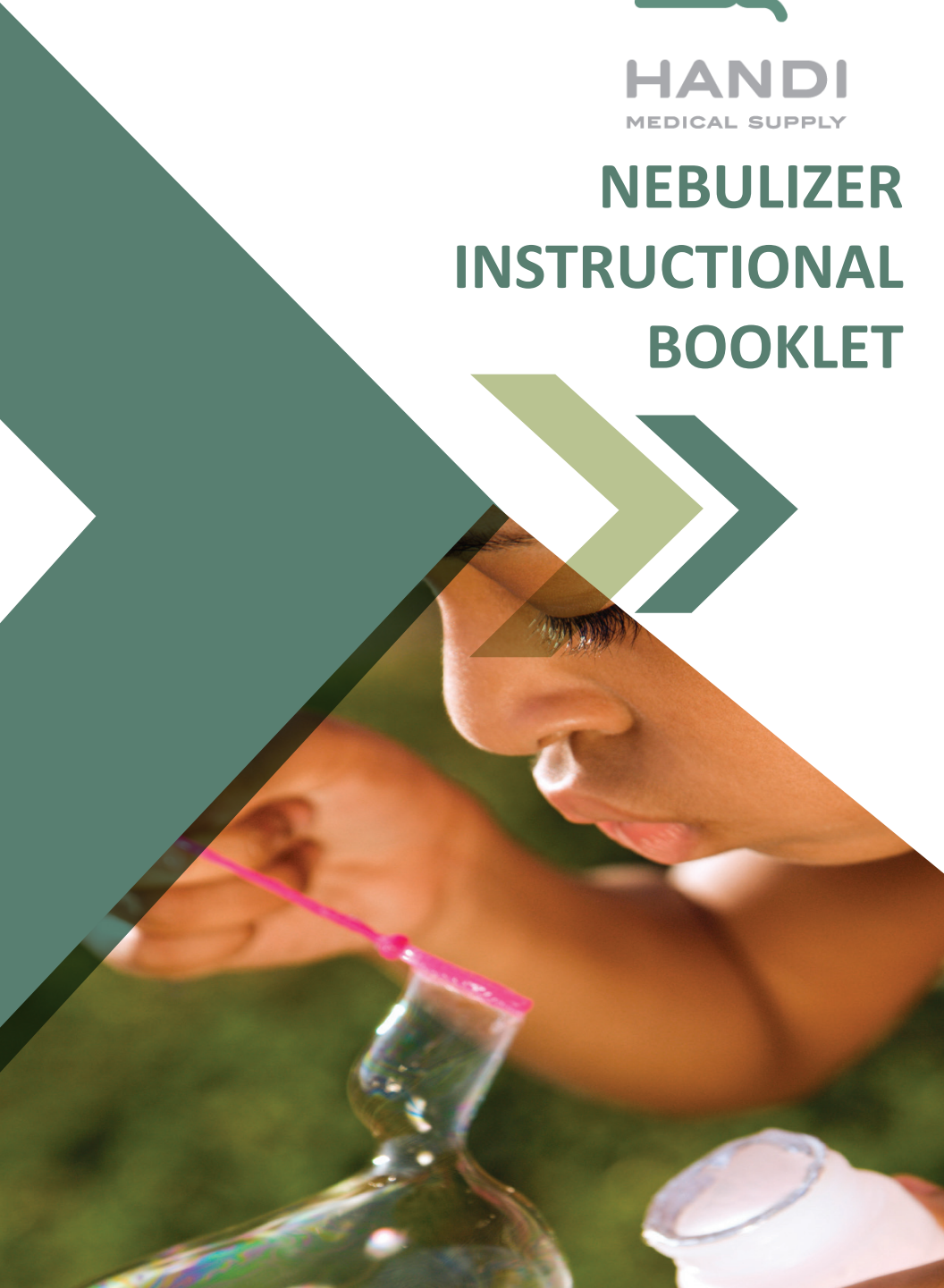




HANDI
MEDICAL SUPPLY

**NEBULIZER
INSTRUCTIONAL
BOOKLET**



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**Thank you for choosing Handi Medical Supply
for your home care needs.**

You can reach us by calling 651-644-9770 or 800-514-9979



GETTING STARTED

Always wash your hands before handling any of your respiratory equipment and supplies.

YOUR PRESCRIPTION

A nebulizer machine used with a nebulizer cup turns liquid medicine into a mist so it can be inhaled. Your doctor has ordered this system for you; using this to deliver your medication is called a “treatment”.

Your order includes:

- How much medicine to use
- How many times each day you are to take your treatment(s)

NEBULIZER MACHINE

A nebulizer machine is a small air compressor that is set to deliver a specific liter flow of air.

It has the following parts:

- Electrical plug
- On/off switch
- Tubing port
- Filter

To use the nebulizer:

1. Place the nebulizer on a flat surface
2. Plug the nebulizer into an electrical outlet
3. Connect the tubing to the port of the nebulizer

NEBULIZER CUP

The nebulizer cup holds the liquid medication. The nebulizer cup together with the nebulizer machine turns the liquid medication into a mist so it can be inhaled.

The nebulizer cup has the following parts:

- Mouth piece (or mask)
- Cup
- Tower
- Top of cup (twists on in place)
- Tubing stem

To use the nebulizer cup:

1. Place medicine into cup
2. Place and twist top in place
3. Place mouth piece (or mask) into top of nebulizer cup
4. Attach tubing to the tubing stem

START YOUR TREATMENT

1. Turn on the nebulizer machine
2. Check for mist coming out of the nebulizer cup. (If no mist, check for secure connections and be certain the nebulizer cup's tower is in place)
3. Put the nebulizer mouth piece into your mouth – between your teeth and over your tongue
4. If you are using a mask – secure it over your nose and mouth and breathe with your mouth open



Breathe slowly and take occasional deep breaths with a breath hold (if able). Continue the treatment until all of the medication is gone.

If you have any of these side effects, stop your treatment and call your doctor:

- Shaky
- Nausea
- Dizziness
- Increased heart rate or chest pain

When your treatment is done:

1. Turn off the nebulizer machine
2. Rinse the nebulizer cup under running water – allow to air dry

CLEANING YOUR NEBULIZER CUP

After your last treatment of the day:

1. Take the nebulizer cup apart
2. Wash the pieces in warm soapy water
3. Rinse well
4. Allow to air dry

Once a week you will need to disinfect your nebulizer cup.

For disposable cups:

1. Clean in warm soapy water
2. Make solution of 1 part white vinegar and 3 parts water
3. Allow all parts of the nebulizer cup to soak in this solution for 30 minutes

4. Rinse well
5. Allow to air dry

For non-disposable cups:

1. You may clean as above
2. These cups can be boiled for 20 minutes
3. These cups are dishwasher safe (Be sure to place in a mesh bag so as not to damage or lose the small components)
4. Allow to air dry

With proper cleaning non-disposable cups will last up to six months. Also, always have an extra nebulizer cup on hand. To order this, or any product, call Handi Medical Supply at 651-644-9770. Our customer service team will be happy to assist you.

CLEANING THE MACHINE

1. Unplug the machine from electricity and wipe off with a damp cloth
2. Remove filter and wipe off with a damp cloth

SAFETY

- Do not place or store the nebulizer machine by water
- Always unplug the machine to wipe off when cleaning
- Supervise when machine is being used by children
- Never operate if the cord is damaged
- Keep the cord away from heated surfaces



HOME CARE EQUIPMENT COMPANY

Handi Medical Supply – Headquarters

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Phone: 651-644-9770 or 800-514-9979

Fax: 651-644-0602

Hours: Monday through Friday: 8:30 a.m.-5 p.m.
Saturday: 9 a.m.-3 p.m.

Handi Medical Supply – Mankato Branch

1400 E Madison Avenue, Suite 618, Mankato, MN 56001

Phone: 507-779-7560

Fax: 507-779-7561

Hours: Monday through Friday: 8:30 a.m.-5 p.m.

Website: www.handimedical.com

Other services provided:

Durable medical equipment, wound care, ostomy, incontinence and urological supplies, respiratory needs, mobility devices and aids to daily living.

Feedback:

Of course you may call anytime and speak with any of our team members. We will also send out a survey for you to fill out at your convenience.

Resources:

Covidien Healthcare • VGM University • Abbott Nutritional Services



TWIN CITIES



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