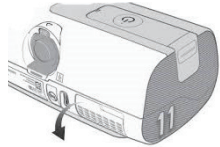


REPLACE EVERY MONTH

Disposable Air Filter

Open the air filter cover and remove the old air filter. *It is not washable or reusable.*



DreamStation2 Disposable Filters

These filters are disposable and should be replaced after 30 days of use.



Full Face Cushion, Nasal Cushions or Nasal Pillows

You should clean your cushions/pillows every day. You can either clean your mask where it touches your face with a baby wipe or with mild soap and warm water. The soap that you use should not be anti-bacterial, contain perfumes, dyes, moisturizers or alcohol. Rinse with warm water and let air dry. You may also hook the mask back up to the CPAP and turn on to let the air pressure dry out the mask and tubing.

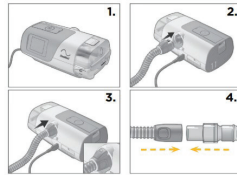


REPLACE EVERY 3 MONTHS

Tubing

Once per week clean with mild, non anti-bacterial soap and water and then soak in a solution of 3 parts water and 1 part white vinegar for 30 minutes. Rinse thoroughly and allow to air dry.

Submerge the tubing only - leave the electrical chip at the end out of the solution.



CPAP Mask or Full Face Mask

You should clean your mask every day. You can either clean it where it touches your face with a baby wipe or with mild, non anti-bacterial soap and warm water. Rinse with warm water and let air dry.

You may also hook the mask back up to the CPAP and turn on to let the air pressure dry out the mask and tubing.



REPLACE EVERY 6 MONTHS

Headgear and Chin Strap

The headgear that attaches to the mask and chin strap should be cleaned at least once a week with mild, non anti-bacterial soap and water. If you sweat excessively during sleep, you may want to clean more often. Hang to let air dry.

Do not place in a dryer to dry - this may cause your headgear to shrink. Do not soak your headgear in a vinegar solution.



DreamStation2 Reusable Air Filter

Clean every two weeks or sooner. Run under warm water, and allow to air dry.

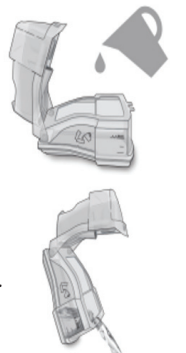


Water Chamber

Empty the water chamber every morning and discard any remaining water. Leave the lid open and allow to air dry. ALWAYS use distilled water to fill your humidifier for use.

Never place anything in your humidifier except distilled water.

Disinfect with a solution of 3 parts water and 1 part white vinegar every other week for 30 minutes' rinse well. Keep lid open to air dry.



One of the best ways to ensure you are receiving effective pressure therapy is to replace your supplies on a routine basis.

If you are having any of the following issues, replace your supplies immediately:

- The cushion or pillows feel stiff or have cracked; is discolored
- The mask is leaking or you feel you have to keep tightening the headgear to stop a leak
- The headgear is leaving marks on your face from being too tight or has stretched out
- The tubing has holes and is leaking
- The filter is discolored
- The water chamber has cracks or pitted areas or has become discolored

The materials in your CPAP supplies will begin to break down with frequent use and cleaning. You will sleep well and feel better using your CPAP or Bi-level with supplies that are clean and fresh.

Most insurance companies may pay to replace your pressure therapy supplies on the schedule listed inside this brochure. However, you always have the option to private pay for additional supplies.

Your insurance may pay for your CPAP supplies and machine as long as you are compliant. Our clinical team is here to support you in being successful in the use of pressure therapy.

We will monitor your usage for compliance and contact you for any necessary changes.

TWIN CITIES

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